

Assisted Living with Dementia Care Disclosure Requirements Oak Ridge Assisted Living of Hastings

Philosophy of Memory Care Unit

Oak Ridge Assisted Living is a secure, affordable residential community that provides care choices to seniors in need of a supportive living environment. In partnership with families and the broader community, we promote dignity in sustaining resident's choices and independence to create an individualized activity plan with personal preferences.

We strive to provide a residential living arrangement with security and the elimination of barriers. The programming provided includes three meals per day, with in between snacks, weekly laundry and housekeeping service, staff onsite supervision daily, and activities planned and coordinated for the participation and needs of residents with memory loss due to Alzheimer's disease and other related dementias.

Criteria for Admission and Continued Stay into the Memory Care Unit

Nursing assessments are completed prior to a resident signing a residency agreement. The nursing assessments evaluate the individual's physical needs and potential benefits of the memory care program. The program has a variety of objectives to address each individual's persona; needs, educational interest, entertainment preferences and life skill management abilities. An assortment of social events, spiritual traditions and physical activities are scheduled regularly to encourage individual participation. To best serve individual in this program it is important that the person can participate and benefit from the programming and that the residence can provide the level of service to meet the person's needs. In order to best serve everyone each individual must be able to live in the residence without causing harm to themselves or others. Within the program is a system to secure the exits of the residence area and a requirement that the individual does not break the secured system and create an elopement risk.

Process for Assessment and Establishment of Service Agreement

An assessment of physical and memory care needs will be completed prior to signing an agreement. This assessment will be used in establishing the individual service plan for the resident. A service agreement is signed prior to the initiation of services. The service agreement outlines the individual performing the service, the frequency of the service and the cost. Any significant change in ability or health condition is communicated to the nurse. The nurse will then complete a new assessment and determined the need for added services. The service agreement is then updated based on those changes.

Staffing Credentials

Oak Ridge Assisted Living has a variety of team members providing care for the residents. For a complete job description for any position, please contact the administrator.

Licensed Assisted Living Director—The LALD is responsible for all operations in the building, including financial management, regulatory compliance, human resource management, customer satisfaction and quality outcome monitoring. The LALD primarily works Monday through Friday but is on call 24 hours per day. The LALD will have at least eight hours of initial training on dementia within 120 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter. The LALD must complete and document that at least ten hours of the required annual continuing educational requirements relate to the care of individuals with dementia. The training must include medical management of dementia, creating and maintaining supportive and therapeutic environments for residents with dementia, and transitioning and coordinating services for residents with dementia.

Clinical Nurse Supervisor—A registered nurse is on call at all times. The CNS is in the building primarily Monday through Friday during normal business hours. The CNS conducts assessments, supervisory visits, assists with medication set-ups and reviews the plan of care for each resident receiving home care services. The CNS will have at least eight hours of initial training on dementia within 120 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Registered Nurse—The RN is on duty primarily during daytime hours Monday through Friday and is also scheduled to be on-call. The job of the RN is to assist the CNS with medication set-ups and any other nursing duties as delegated by the CNS and assigned for resident's care. The RN will have at least eight hours of initial training on dementia within 120 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Resident Assistant—Non-licensed staff members are on duty 24 hours per day. The resident assistants provide personal care for the residents, including assistance with the activities of daily living, activity programming, meal service delivery, housekeeping tasks, laundry service and supervision. The resident assistant undergoes a competency evaluation by Oak Ridge. They have received special training in memory loss during the Oak Ridge Memory Care Training Program at the time of hire and additionally throughout the year. Resident assistants participate in eight hours of annual training and other in-service education sessions. They are to respond to each emergency by dialing 911, contacting the nurse or answering alarms. The resident assistants will have at least eight hours of initial training on dementia within 80 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Housing Coordinator—The housing coordinator is the person that coordinates admissions and discharge planning, outreach to residents, family, and the community, and works with the advertising. This person is available during business hours throughout the week, and at other times as scheduled. They are also responsible for managing front desk activities and billing. The housing coordinator will have at least four hours of initial training on dementia within 160 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Activity Director—The activity director has specialized training in recreation as it relates to seniors. The programs are designed to meet the needs of residents with memory loss. This person coordinates daily activities. The activity director will have at least four hours of initial training on dementia within 160 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Dining Services—Within the dining services staff, there are dietary aides, cooks and a dietary manager. Each has a different job, but all are important to planning and serving a balanced, home cooked meal. The dining services staff will have at least four hours of initial training on dementia within 160 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Maintenance—The maintenance department ensures a safe physical environment. This person is available five days per week. They are on call 24 hours per day for emergencies. The maintenance staff will have at least four hours of initial training on dementia within 160 working hours of the employment start date, and must have at least two hours of training on topics related to dementia care for each 12 months of employment thereafter.

Physical Plant

The memory care facilities are secured with a magnetic lock system. Each resident has available to them the use of an alert pendant. When the pendant button is pressed, it signals the RA that assistance is required and their location within the facility. We strive to keep the facility quiet and calm. The furnishings are homelike and encourage visiting. The memory care courtyard is enclosed so the residents can walk outside without leaving the grounds. Programming is scheduled and conducted throughout the day. The dining room is located within the unit and all three meals and snacks are served in the dining room close to their apartment.

Activity Program Description

Programs are conducted daily with specially schedule outings. The programs are designed to meet a variety of different needs. Social interaction is encouraged. The activity directory plans and arranges group and individual activities. The activity director and/or RA will have materials and equipment available to conduct the scheduled and nonscheduled activities.

Programs are conducted within the first-floor memory care unit. However, there are programs where residents may go to other floors within the building or out of the building with designated staff members.

Examples and descriptions of specific programs include: news and current events, exercise programs, church services and Bible study, movies, men's clubs, coffee groups, games, sing-alongs, crafts and creative hobbies, special guest presenters and entertainers, youth group programs and entertainment, pet visitors, baking, and outings related to personal needs and is cued and monitored by the resident assistant staff. Life skills may include personal provision of ADLs or it may include practices the resident has familiarity with. Examples include: sweeping the floor or sidewalk, folding towels, filling the bird feeder, dusting furniture, and setting the table.

Throughout the stay the residents are encouraged to participate in the activities provided and enjoy new experiences. The activity director continues to seek input from the residents and observe participation as to the satisfaction they have with the programming. Programming is continuously monitored to ensure that it is meeting the needs of the residents. A complete activity calendar is available from the front desk.

Families/Representatives

Families are an important part of helping us get to know each resident at Oak Ridge. In order for us to help develop our person-centered care plan, family members or designated representatives are asked to help fill out a social history. We have monthly dementia support groups available for family members and spouses.

Family members and resident representatives are encouraged to contact staff as needed.

Fee Schedule

The fee schedule is available at the business office.

Notice for Service Fee Changes

All residents will be notified prior to a change in services and fees, and 30 days in advance of a general rate increase. Levels of service increases are based on a resident's need and determined through an assessment completed by the CNS. The resident and/or responsible party is informed of changes to a resident's level of care at the time of occurrence. Modifications and review of care plans are communicated with family or designated representative through care conferences.